

A Guide to After-hours Care

Save time and money by choosing the right care options. When you need care, remember that emergency room visits are expensive and aren't necessary for illnesses or injuries that aren't life threatening.

Use this guide so you know where to go for your care.



Primary care provider

See your PCP for routine and preventive care that isn't an emergency.

For example, if you have swelling in your ankle that isn't painful, but you'd like to get it checked out.



HMSA's Online Care

Connect with doctors and specialists online from anywhere in Hawaii, 24 hours a day, seven days a week. There's no copayment for Online Care® visits.

Use Online Care for the same reasons you would see your PCP.



Urgent care providers

Go to an urgent care provider if you have a health concern that isn't an emergency but needs attention sooner than you can see your doctor.

For example, if your ankle is swollen and painful but you can still walk with some assistance.



Emergency room

Go to the emergency room if you need immediate care in a hospital setting and/or you're experiencing a life-threatening emergency.

For example, if you fracture your ankle and you're in severe pain.

More tips



- ✓ Use the directory on the back page to locate an urgent care provider near you.
- ✓ Register for HMSA's Online Care now so it's easy to log in when you need it. Go to hmsaonlinecare.com to register and download the app on your smartphone.
- ✓ Follow up with your PCP after an urgent care or Online Care visit.

Participating Urgent Care Clinics*

Hawaii Island

Hilo Urgent Care Center

670 Kekuaanoa St.
Hilo Ph. 969-3051
Monday–Friday:
8:30 a.m.–8:30 p.m.
Saturday–Sunday:
8:30 a.m.–4:30 p.m.

Hilo Urgent Care Center

16-590 Old Volcano Road
Keaau Ph. 966-7942
Monday–Friday:
8:30 a.m.–6:30 p.m.
Saturday–Sunday:
8:30 a.m.–4:30 p.m.

Transformation Health Network

75-5995 Kuakini Highway,
Suite 213
Kailua-Kona Ph. 365-2297
Monday–Friday: 11:30 a.m.–9 p.m.
Saturday–Sunday: 1–9 p.m.

Waimea Urgent Care

65-1230 Mamalahoa Highway,
Suite A10
Kamuela Ph. 885-0660
Monday–Friday: 8:30 a.m.–7 p.m.
Saturday–Sunday: 8 a.m.–4 p.m.

Kauai

Kauai Community Health Alliance

2460 Oka St., Suite 101A
Kilauea Ph. 828-2885
Monday–Friday: 8 a.m.–7 p.m.
Saturday–Sunday: 9 a.m.–5 p.m.

Kauai Medical Clinic

4484 Pahee St.
Lihue Ph. 245-1532
Daily: 8 a.m.–7 p.m.

Makana North Shore Urgent Care

4488 Hanalei Plantation Road
Princeville Ph. 320-7300
Daily: 7 a.m.–10 p.m.

Urgent Care at Poipu

2829 Ala Kalani Kaumaka St.
Suite B-201
Koloa Ph. 742-0999
Monday–Friday: 8:30 a.m.–7 p.m.
Saturday–Sunday:
8 a.m.–4:30 p.m.

Maui

Doctors on Call

3350 Lower Honoapiilani Road,
Suite 211
Lahaina Ph. 667-7676
Daily: 8 a.m.–9 p.m.

Kihei-Wailea Medical Center

221 Piikea Ave., Suite A
Kihei Ph. 874-8100
Monday–Friday: 8 a.m.–8 p.m.
Saturday–Sunday: 8 a.m.–5 p.m.

Minit Medical Urgent Care Clinic

270 Dairy Road, Suite 239
Kahului Ph. 784-7271
Monday–Friday: 8 a.m.–7 p.m.
Saturday: 8 a.m.–6 p.m.
Sunday: 8 a.m.–4 p.m.

Minit Medical Urgent Care Clinic

1325 S. Kihei Road, Suite 103
Kihei Ph. 664-1454
Monday–Friday: 8 a.m.–7 p.m.
Saturday: 8 a.m.–6 p.m.
Sunday: 8 a.m.–4 p.m.

Minit Medical Urgent Care Clinic

305 Keawe St., Suite 507
Lahaina Ph. 670-1994
Monday–Saturday: 8 a.m.–6 p.m.
Sunday: 8 a.m.–4 p.m.

The Maui Medical Group Inc.

2180 Main St.
Wailuku Ph. 242-6464
Monday–Friday: 8 a.m.–9 p.m.
Saturday–Sunday: 8 a.m.–4 p.m.

The Maui Medical Group Inc.

130 Prison St.
Lahaina Ph. 242-6464
Monday–Friday: 8 a.m.–7 p.m.
Saturday–Sunday: 8 a.m.–5 p.m.

Oahu

All Access Ortho

1401 S. Beretania St., Suite 102
Honolulu Ph. 356-5699
Monday–Friday: 8 a.m.–8 p.m.
Saturday–Sunday: 9 a.m.–5 p.m.

All Access Ortho

4850 Kapolei Pkwy., Bldg. F
Kapolei Ph. 356-5699
Monday–Friday: 8 a.m.–8 p.m.
Saturday–Sunday: 9 a.m.–5 p.m.

All Access Ortho

95-1830 Meheula Parkway,
Suite C10-11
Mililani Ph. 356-5699
Monday–Friday: 8 a.m.–8 p.m.
Saturday–Sunday: 9 a.m.–5 p.m.

Braun Urgent Care Kailua

130 Kailua Road, Suite 111
Kailua Ph. 261-4411
Daily: 8 a.m.–8 p.m.

Doctors of Waikiki

120 Kaiulani Ave., Wing 10 & 11
Honolulu Ph. 922-2112
Daily: 8 a.m.–Midnight

Island Urgent Care (QMC)

98-199 Kamehameha Hwy.,
Suite F
Aiea Ph. 735-0007
Monday–Friday: 8 a.m.–8 p.m.
Saturday–Sunday: 8 a.m.–5 p.m.

Island Urgent Care (QMC)

400 Keawe St.
Honolulu Ph. 735-0007
Daily: 8 a.m.–8 p.m.

Island Urgent Care (QMC)

449 Kapahulu Ave., Suite 104
Honolulu Ph. 735-0007
Daily: 8 a.m.–8 p.m.

Island Urgent Care (QMC)

6600 Kalanianaʻole Hwy.,
Suite 114A
Honolulu Ph. 735-0007
Daily: 8 a.m.–8 p.m.

Kunia Urgent Care

94-673 Kupuohi St., Suite C201
Waipahu Ph. 983-1671
Daily: 8:30 a.m.–9 p.m.

Straub Medical Center–Kapolei Clinic & Urgent Care

91-5431 Kapolei Pkwy., Suite 1706
Kapolei Ph. 426-9300
Daily: 10 a.m.–8 p.m.

Straub Medical Center–Doctors on Call–Sheraton Waikiki

2255 Kalakaua Ave., Manor Wing
Shop No. 1
Honolulu Ph. 971-6000
Daily: 7 a.m.–11 p.m.

Straub Medical Center–Ward Village Clinic & Urgent Care

1001 Queen St., Suite 102
Honolulu Ph. 462-5200
Daily: 10 a.m.–8 p.m.

Transformation Health Network

2055 N. King St.
Honolulu Ph. 208-8700
Call for hours.

US Med Urgent Care

1860 Ala Moana Blvd., Suite 101
Honolulu Ph. 921-2273
Monday–Friday: 8 a.m.–2 p.m.
Saturday–Sunday: Closed

US Med Urgent Care

660 Kailua Road
Kailua Ph. 263-2273
Monday–Friday: 8 a.m.–7 p.m.
Saturday–Sunday: 9 a.m.–5 p.m.

US Med Urgent Care

890 Kamokila Blvd., Suite 106
Kapolei Ph. 521-2273
Monday–Friday: 7 a.m.–7 p.m.
Saturday–Sunday: 8 a.m.–6 p.m.

US Med Urgent Care

1245 Kuala St., Suite 103
Pearl City Ph. 784-2273
Monday–Friday: 7 a.m.–8 p.m.
Saturday–Sunday: 8 a.m.–6 p.m.

Windward Urgent Care Services

46-001 Kamehameha Hwy,
Suite 107
Kaneohe Ph. 247-7596
Daily: 8 a.m.–9 p.m.

For a current list of participating urgent care providers, visit hmsa.com/urgentcare.

*Most urgent care clinics are closed on Thanksgiving Day, Christmas Day, and New Year's Day.